

The Engagement Quotient Program



“The Spirit shall look out through matter’s gaze, and matter shall reveal the Spirit’s face.”

– Sri Aurobindo

Clues to passion, purpose and Spirit, reside in our bodies - “through matter’s gaze”- and our ability to see, acknowledge, and systematically encourage engagement in every team member is a critical leadership competency. The Engagement Quotient Program teaches leaders and coaches to observe and leverage the physical (PQ) and emotional (EQ) intelligence of others to create engaged work environments with improved performance and retention wherein:

$$\text{IQ} + \text{EQ} + \text{PQ} = \text{EnQ}$$

INTELLECTUAL INTELLIGENCE QUOTIENT	EMOTIONAL INTELLIGENCE QUOTIENT	PHYSICAL INTELLIGENCE QUOTIENT	ENGAGEMENT INTELLIGENCE QUOTIENT
--	---------------------------------------	--------------------------------------	--

Engaging on all levels allows you to tap into your team’s potential and create a culture of connection and trust.

The program includes 3 modules:

EMBODY YOUR VISION

1

Does your Vision resonate and light you up? Or is it an intellectual construct that wastes valuable resources and quickly runs out of gas? Our program uses ‘before’ and ‘after’ video of the face to reveal your embodied Vision and Purpose. This essential and Transformative Feedback leads to clarity, the clear communication of your Vision, and the development of appropriate action strategies.

Learning outcomes: Increase your Engagement Quotient by ensuring that your Vision resonates with others by every measure: the intellectual (IQ), emotional (EQ) and the physical (PQ).



EMPLOY TRANSFORMATIVE FEEDBACK

2

“Constructive” criticism is seldom constructive. It is often alienating and can result in disengagement. Yet, giving and receiving feedback is part of any growth and development process. Understanding the difference between feedback that engages versus disengages is an important competency for all leaders and coaches. Transformative Feedback is devoid of judgment, story, opinion and projections that lead to disengagement. It focuses on developing a heightened ability to perceive the subtle somatic cues and body language of others to systematically unlock their potential, and then offering objective observations about what is being seen to create action steps that resonate on all levels. When people are engaged they perform at a much higher level, are loyal and more resilient.

Learning outcomes: Learn how to give and receive somatic feedback that enlivens, balances, and engages.

ENGAGE THE DISENGAGED

3

Practice using somatic cues and Transformative Feedback to discover and support the purpose and passion of others.

Learning outcomes: The ability to quickly assess levels of individual engagement, effectively deliver Transformative Feedback and leverage your Engagement Quotient to create alignment and to lead.

Program Delivery:

Two month online course (12 hours) or a 2 day in-person retreat.

[CONTACT US](#) for more information and pricing.

